

ClinicDemo Dental

ClinicDemo Dental – Physio Centre Programs & Pricing (Chelmsford)

A complete physiotherapy and rehabilitation clinic for adults and children. We offer structured recovery programs tailored by expert physiotherapists.

Program/Exercise	Adult (£)	Kids (£)
Lower Back Strengthening	45	30
Posture Realignment Therapy	65	45
Sports Injury Recovery	75	50
Neck Mobility Sessions	40	25
Knee Rehabilitation Program	80	55
Core Stability Classes	55	35
Arthritis Pain Relief Routine	50	35
Advanced Physio + GP Review	120	90

Additional Physiotherapy Services:

- Sports Massage Therapy (£45 per session)
- Chiropractic Alignment (£65)
- Dry Needling & Acupuncture (£55)
- Pediatric Play■Based Physio (£40)
- Post■Surgery Rehab (6■session program for £300)

Clinic Information

- Address: 109 Riverside Centre, Victoria Rd, Chelmsford CM1 1FG
- Email: physco.chesmford@clinicdemo.site
- Phone: 0203 778 1222
- Opening Hours: Mon–Sat (9:00 AM – 6:30 PM), Sunday Closed
- Nearest Station: Chelmsford
- Bus Routes: 71, 73, 351, 65, 70 (Victoria Road stop outside centre)
- Parking: Free on-site parking and overflow at Riverside Retail Car Park
- Accessibility: Wheelchair ramp, lift access, disabled restroom, wide doors

Frequently Asked Questions

Q: Do I need a referral?

A: No, you may book directly or walk in.

Q: Is treatment painful?

A: Most treatments are gentle, your therapist adjusts to comfort level.

Q: Do kids need a parent present?

A: Yes, a parent or guardian must stay for under 16 sessions.

Q: Is same-day booking available?

A: Often yes, depending on schedule.

Q: Do you accept insurance?

A: Yes, most major insurers accepted.