

Nazar Mirchi – Simple Step-by-Step

1. Gather

- 1 fresh lemon
- 7 fresh green chillies
- Cotton thread (black or white)
- Scissors (needle optional)

2. String it

- Pass the thread through the heads (stem side) of all 7 chillies, one below another.
- Pierce the lemon last and bring it to the bottom.
- Tie a loop at the top for hanging.

3. Intention / Mantra

- Chant 3×: “Om Namah Hanumate Namah.”

4. Hang it

- Place outside the main entrance (above or beside the door), or on a shop front/car mirror.
- Do NOT hang inside pooja room or living room.

5. Replace regularly

- Replace every Saturday or Tuesday.
- Replace sooner if the lemon dries/turns black or chillies shrivel.

6. NOTE: Disposal (Very Important)

- Remove and wrap in paper.
- Throw in an outdoor bin.
- Do NOT bring inside the house (not even garden).
- Do NOT cut it, cook it, or put in indoor dustbin.